

# Hands-On Fun

SEE, YOU CAN DO ANYTHING

*If you could learn how to do anything, what would it be?*

Bake, cook, plant, harvest, sculpt, navigate, fly-fish, quilt, blow glass, discover the West. Discover yourself. These are just some of the take-hold, do-it-yourself activities you can do in Corning and the Finger Lakes. ■

## ► CULINARY CLASSES

### Culinary Classes at 171 Cedar Arts Center



Enjoy a Saturday morning culinary class conducted by top area guest chefs. The classes vary, so you're sure to find a favorite cuisine you'd

like to explore. Learn the secrets of preparation and sample the delicious results. Classes run from January to April.

[www.171CedarArts.com](http://www.171CedarArts.com)

### Homemade and Delicious

Stay on a real working farm and learn the art of baking homemade bread and sweet rolls, making strawberry or grape jam, and mixing your own herbal tea. For groups of four to eight guests at Button's Creekside Farm Bed & Breakfast.

[www.ButtonCreekside.com](http://www.ButtonCreekside.com)

### Wine Sensory Class

Learn how to identify wine aromas and flavors with aroma standards and sample wines with different taste components. Classes are led by Keuka Lake Vineyards winemaker Staci Nugent. Check the Keuka Lake Vineyards web site to sign up or for details on dates, fees, etc.

[www.KLVineyards.com](http://www.KLVineyards.com)

## ► HEALTH & WELLNESS CLASSES

### Healing Spirits Herb Farm and Education Center

- *Herb Farm School.* Learn the practical ins and outs of planting, weeding, harvesting, and drying medicinal herbs. Five-day workshop.
- *Self and Spirit.* Learn meditations and guided imagery to nourish the connection to your spirit. Unplug from the high-tech, material intensity of our lives and give your spirit an opportunity to breathe and dance. Five-day workshop.
- *Basic Herbal Intensive.* Learn to use herbs to make salves, tinctures, beverage tea blends, face creams, and more. One-day class.
- *Herbs to Enhance Body Therapies.* Take a look at the body's major systems and discuss nourishing herbs for each. One-day class.

[www.HealingSpiritsHerbFarm.com](http://www.HealingSpiritsHerbFarm.com)

### Steuben Professional Massage Associates

*Basic Massage Workshop.* During this four-hour workshop designed for couples, learn techniques to release muscle tension in the back and neck. Limited availability. Call 607.936.0578 for more information or reservations.

## ► ART CLASSES

### The Studio of The Corning Museum of Glass

Learn beginning glassblowing, flameworking, and more. Weekend



*Yes you can!*



workshops are held on Saturday and Sunday. One-day workshops are also available. No previous experience necessary.

[www.CMOG.org](http://www.CMOG.org)

### **The Crafting Cottage**

Learn stamping, scrapbooking, and more at The Crafting Cottage. Evening classes available. Bring your crafting friends and come for a crafting retreat! See the web site for calendar.

[www.TheCraftingCottage.com](http://www.TheCraftingCottage.com)

### **Sommerville Pottery**

Individual and small group instruction on the potter's wheel or basic hand building.

[www.SommervillePottery.com](http://www.SommervillePottery.com)

### **► THROWING CLAY**



Lessons cover basic techniques of throwing clay on an electric wheel, which involves taking clay through three stages:

greenware, bisqueware, and stoneware. Includes glazing and two kiln firings. Open studio time offered. Workshop classes on Horsehair and Raku also offered.

### **Rocky Hill Pottery**

Email: [RockyHillPottery@yahoo.com](mailto:RockyHillPottery@yahoo.com)

### **► VISITING ARTISAN SERIES**

You and your friends can enjoy several hands-on experiences throughout the year led by visiting artisans, including traditional rug-hooking, glassblowing, garden pottery, holiday crafting (gifts, cards,

photo albums), jewelry, writing workshops (poetry & prose), stained glass, and more. Visit the Black Sheep Inn web site for more details.

[www.StayBlackSheepInn.com](http://www.StayBlackSheepInn.com)

### **► OUTDOOR CLASSES**

#### **Conhocton River Fly Shop**



Interested in fly-fishing? Licensed fishing guide offers instruction in fly-fishing on the Conhocton River.

[www.ConhoctonRiverFlyShop.com](http://www.ConhoctonRiverFlyShop.com)

#### **Ranger Outfitters**

Learn outdoor skills such as land navigation with a compass, reading a topographical map, how to plan for an adventure, and more.

[www.RangerOutfitters.com](http://www.RangerOutfitters.com)

### **► HANDS-ON ACTIVITIES**

#### **Lake Country Patchwork**

Make pillowcases, decorative pillows, table runners, or place mats at evening or Saturday classes, or come to several classes for larger projects. Special workshops for those coming from a distance are a fun way to spend an afternoon with friends.

[www.LakeCountryPatchwork.com](http://www.LakeCountryPatchwork.com)

#### **Earth Paint and Fire Studio**

Choose from 400 different pottery pieces, including vases, mugs, plates, wine chillers, banks, outlet covers, picture frames, animal figurines, seasonal items, and more. The pottery and the paint are provided. You supply the creativity. Of course, if you have trouble with that, they have idea

books to help.

[www.EarthPaintAndFireStudio.com](http://www.EarthPaintAndFireStudio.com)

#### **Rockwell Museum of Western Art**

Pick up an ArtPack and follow the trail to discover the Wild West through fun themes like cowboy, horse, Native American, and wilderness!

[www.RockwellMuseum.org](http://www.RockwellMuseum.org)

*In less than an hour, you can make a glass picture frame, holiday ornament, paperweight and more.*

#### **Hands-On Glass Studio**

Ages two and up can experience the wonders of glassblowing. Make a glass pumpkin, paperweight, or ornament.

[www.HandsOnGlass.com](http://www.HandsOnGlass.com)



*Photo courtesy The Corning Museum of Glass.*

*Schedule a class today!*

For more information about Hands-On Fun, visit

[www.CorningFingerLakes.com](http://www.CorningFingerLakes.com)